



The Birkett Mills Recipes

The Birkett Mills © 2014

P.O. Box 440, Penn Yan, NY 14527

(315) 536-3311

Entree: Kasha Pea Soup

Makes: 8 servings

Ingredients

- 1 lb. split peas
- ½ cup medium or coarse kasha
- 2 quarts water
- 1 carrot, diced
- 1 medium onion, chopped
- 1 beef neck bone or ham bone
- Salt and pepper
- Sour cream

Directions

In soup kettle or Dutch oven, combine all ingredients except salt, pepper and sour cream. Bring to a boil reduce heat, cover. Simmer 1 ½-2 hours, stirring occasionally. Add more water if necessary. Remove bones, adjust seasoning. Serve hot with a dollop of sour cream and dash of paprika, if desired.



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